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Food systems transformation for climate change mitigation and sustainable development

Prajal Pradhan

Integrated Research on Energy, Environment and Society (IREES)

18.02.25



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Have you ever tried to grow/raise plants/animals?

What do plants and animals need to grow/raise, where do they come from, and what plants/animals give in return?

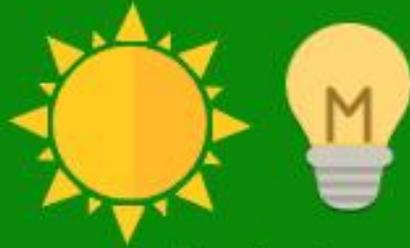


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Things Plants Need



Water



Light



Air



Space to grow



Nutrients



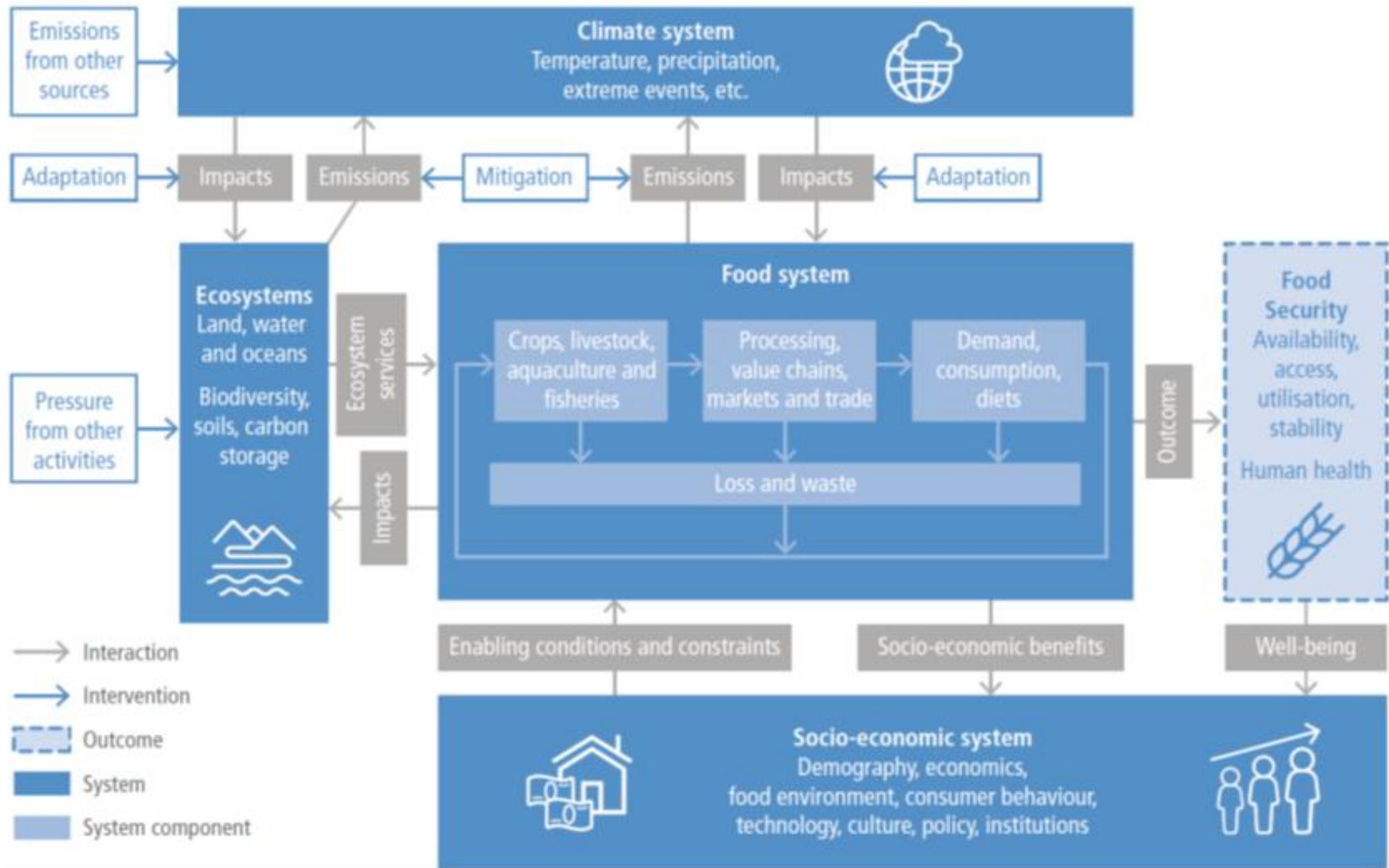
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What is food system?

Describe in around a minute what comes in your mind when you think about a food system.



Why is the food system broken?

MARCO ANTONIO REZENDE/BRAZIL PHOTOS/LIGHTROCKET/GETTY



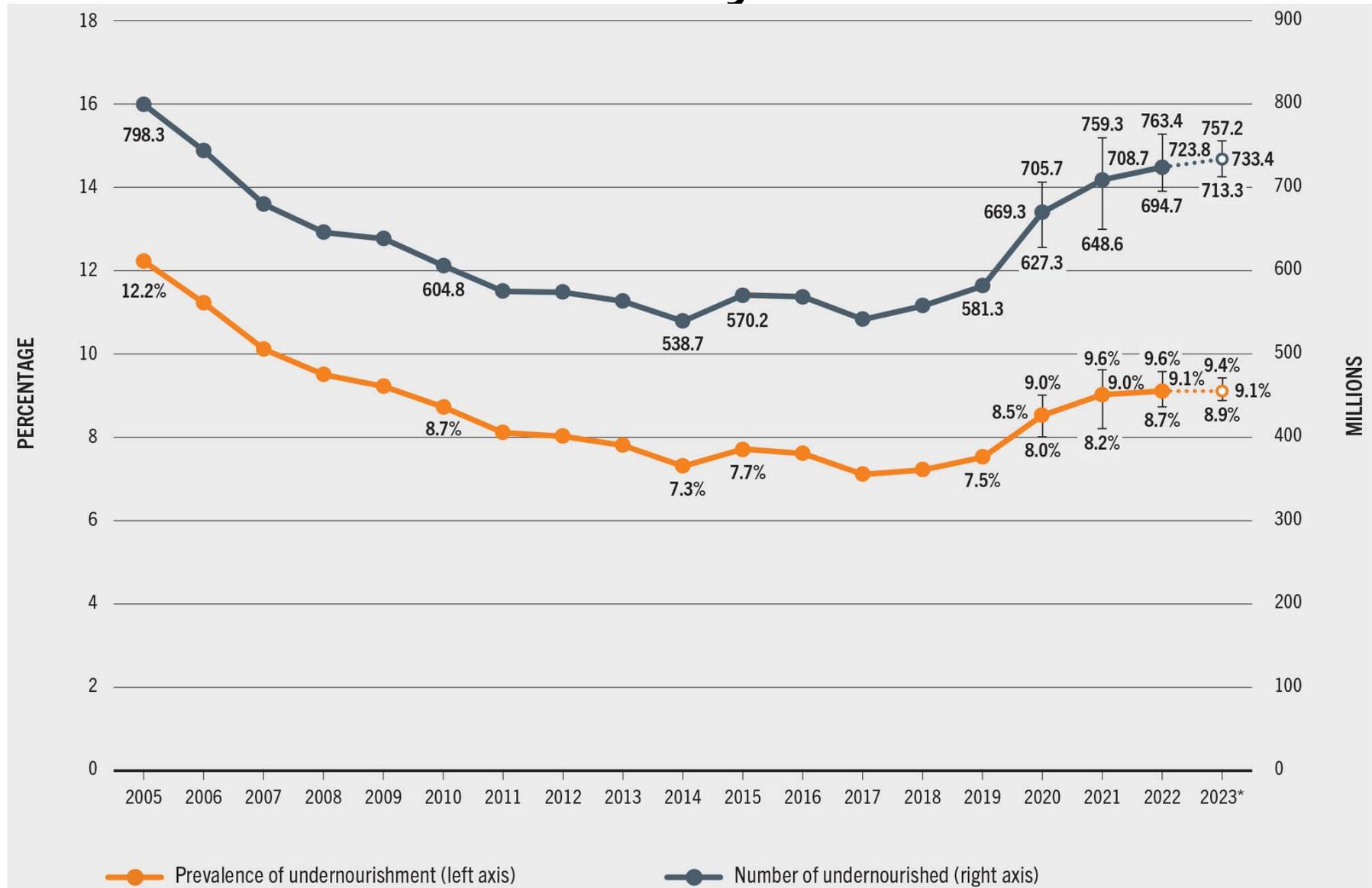
A cattle rancher in Brazil, where pressures to produce more meat collide with the need to reduce deforestation and greenhouse-gas emissions.

Fix the broken food system in three steps

Schmidt-Traub et al. 2019 (Nature)

Map, model and manage agriculture, biodiversity, trade and nutrition – and build a global network, urge Guido Schmidt-Traub, Michael Obersteiner and Aline Mosnier.

State of Food Security and Nutrition 2023

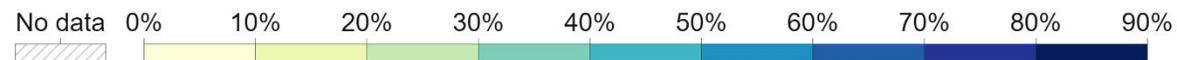
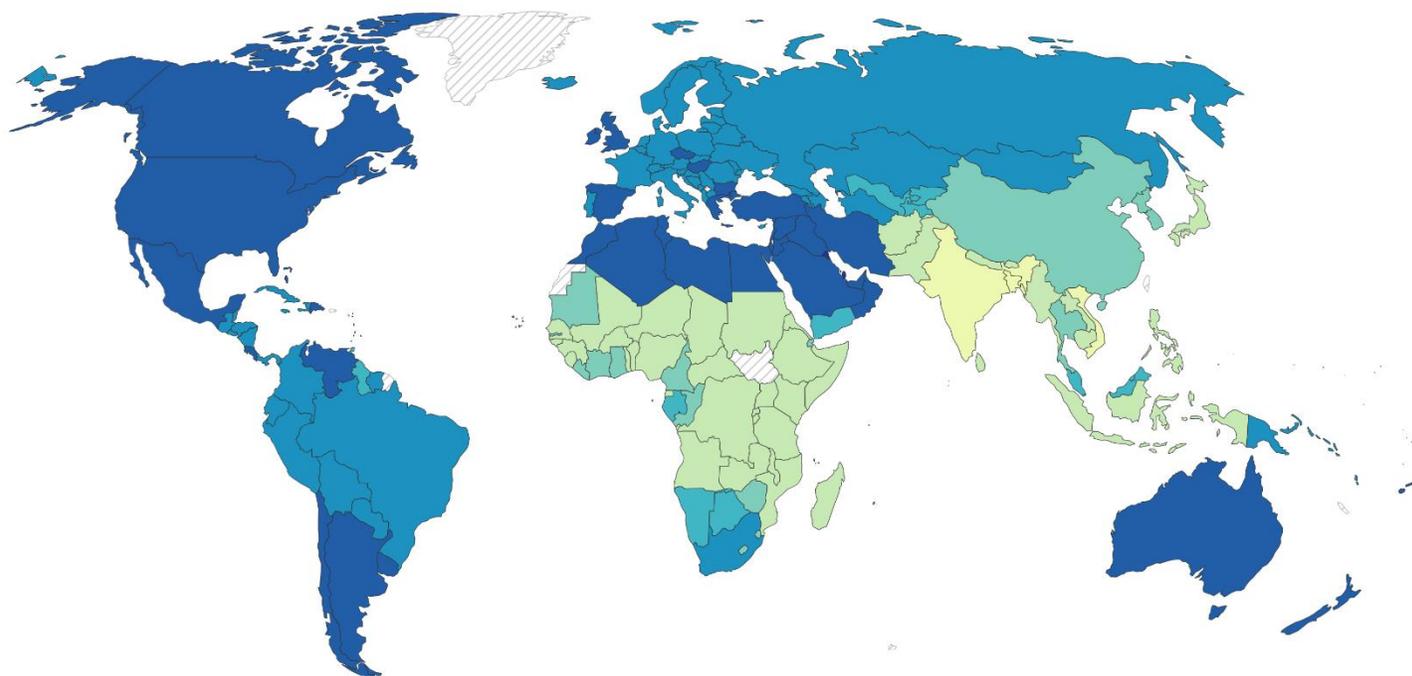


The triple burden of malnutrition

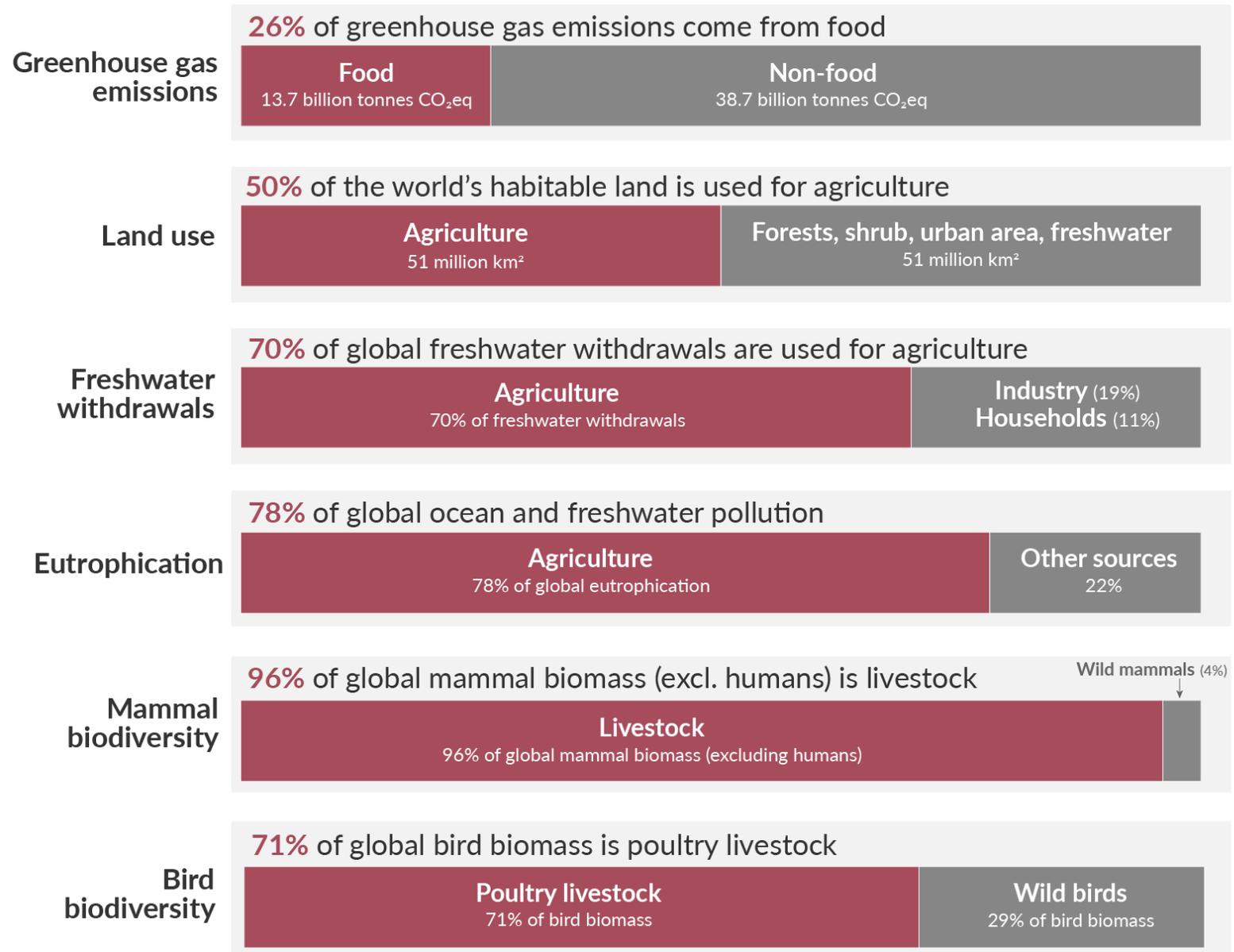
Share of adults who are overweight or obese, 2016

"Overweight" is defined here as having a body mass index (BMI) equal to or greater than 25. BMI is a person's weight in kilograms divided by their height in meters squared.

Our World
 in Data



Our food systems have huge environmental impacts.



The agriculture sector emits around 10–12 GtCO₂eq/year. Key Sources of Emissions include:

- Land Use Change: Deforestation and conversion of natural habitats to agricultural land.
- Livestock Management: Emissions from enteric fermentation and manure management.
- Rice Cultivation: Methane emissions from flooded rice paddies.
- Soil Management and Fertilizer Use: Nitrous oxide emissions from soil and fertilizer application.
- Supply Chain Activities: Emissions from processing, transportation, and storage of agricultural products.

Of the 15.6 Pg C/yr global HANPP, harvest is responsible for 53%, land use productivity change is responsible for 40%, of which grazing land take up 28%. The rest 7% is induced by human-caused fires.



Biosphere integrity



climate change



novel entities

Novel entities (microplastics, endocrine disruptors, organic pollutants) from agriculture sources include plastic farming, packaging, trays and containers, fertilizers, pesticides, antibiotics, etc.

More than half of the global deforestation area has been converted into cultivated land, and nearly 40% is used as pasture. In 90%-99% of tropical deforestation areas, agriculture is the number one driver of tree cover loss.



Land system change



Stratospheric ozone depletion

N₂O has now been identified to be the single greatest ozone-depleting gas. The agriculture sector is a major emitter of N₂O. N₂O in agriculture comes from soil management, fertilizer application, livestock management, etc.

The agriculture sector is the single largest user of freshwater (blue water). It also significantly impacts the water cycle by altering evaporation and infiltration rates and modifying river runoff through changes in vegetation.



Freshwater change

Atmospheric aerosol loading

Ocean acidification

Biogeochemical flows



Both the phosphorous cycle and nitrogen cycle has been greatly transformed by agriculture production, especially through the application of P and N fertilizers, fixation and deposition process.

Li et al. 2024 (Encyclopedia of Agriculture and Food Systems)



FOOD SYSTEM AND CLIMATE CHANGE

PRAJAL PRADHAN

ASSOCIATE PROFESSOR AND DEPUTY CHIEF
FOR CLIMATE IN IMPACT DESIGN



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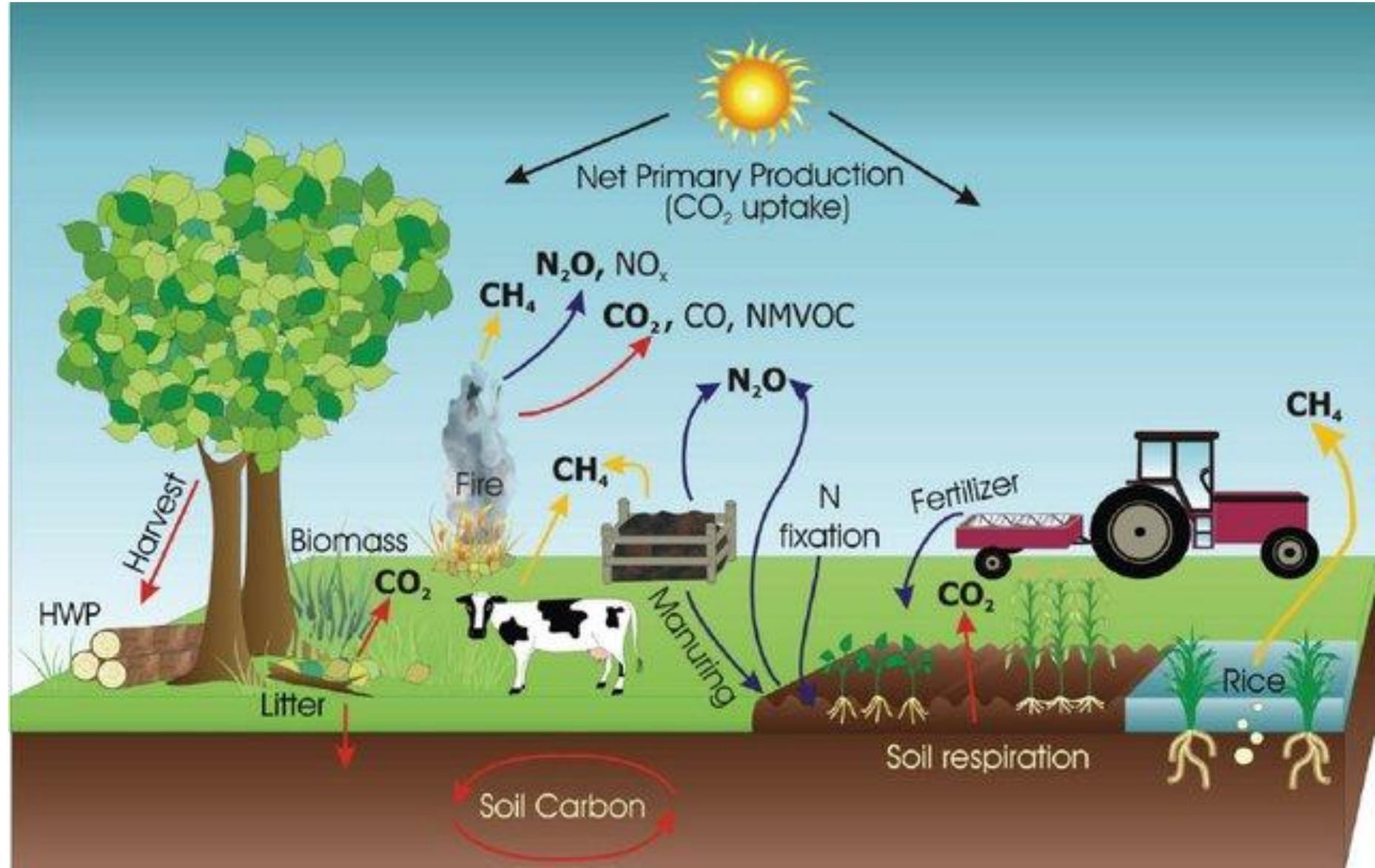
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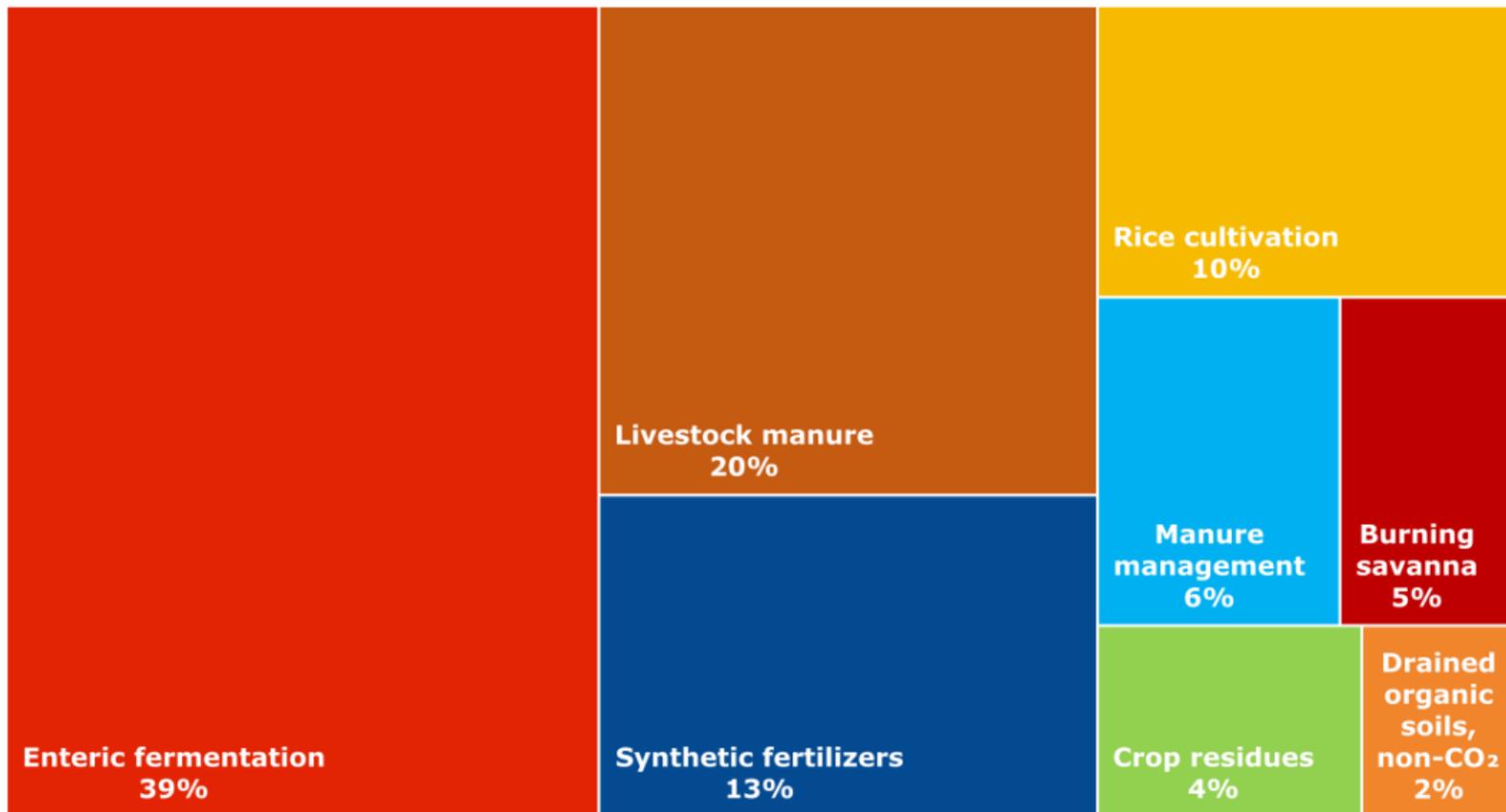
What are the sources of greenhouse gas emissions in food system?

Which are the main GHG gases the food system emits?

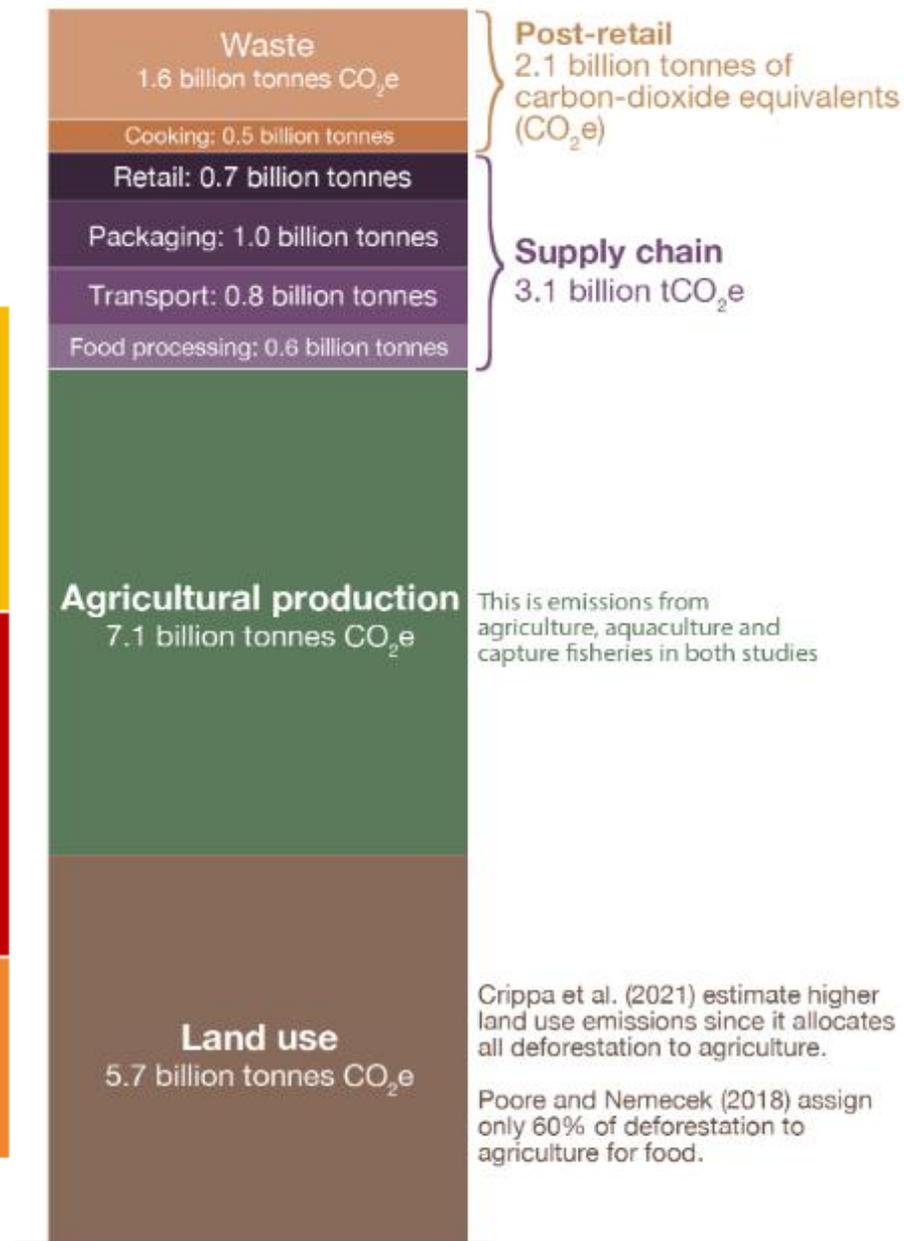
Food system emissions



Food system emissions



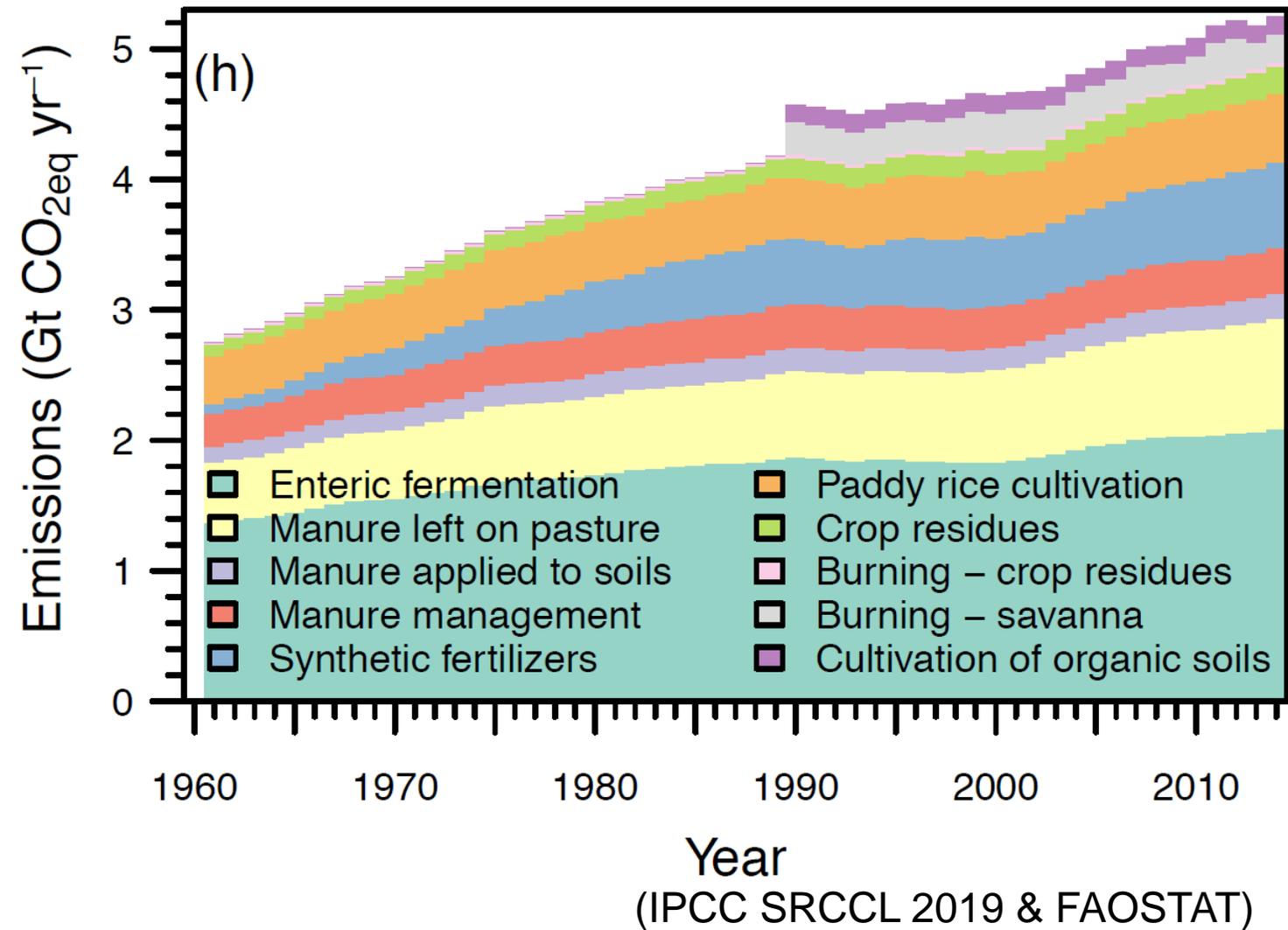
Source: FAOSTAT 2020.



Crippa et al. (2021)

17.9 billion tonnes CO₂e from food*
That's 34% of global GHG emissions
(*some non-food agricultural products included)

NGHGI Sector	Activity	GHG Emitted			FAO			
		CH ₄	N ₂ O	CO ₂				
AFOLU	LULUCF	Forest Conversion to Other Land Uses and Burning Biomass	x	x	x	LAND USE CHANGE	AGRICULTURAL LAND	FOOD SYSTEM
		Peat Fires	x		x			
		Drained Organic Soils	x		x			
	AGRICULTURE	Burning - Crop residues	x	x		FARM GATE		
		Burning - Savanna	x	x				
		Crop Residues		x				
		Drained Organic Soils		x				
		Enteric Fermentation	x					
		Manure Management	x	x				
		Manure Applied to Soils		x				
		Manure Left on Pasture		x				
		Rice Cultivation	x					
		Synthetic Fertilizers		x				
		ENERGY AND IPPU	On-farm Energy Use	x	x			
Food Transport	x		x	x				
Processing	x		x	x				
Packaging	x		x	x				
Refrigeration	x		x	x				
Retail	x		x	x				
Cooking	x		x	x				
WASTE	Fertilizer manufacturing and other pre-production	x	x	x	PRE AND POST PRODUCTION			
	Solid Food Waste	x						
	Incineration			x				
	Industrial Wastewater	x	x					
Domestic Wastewater	x	x						



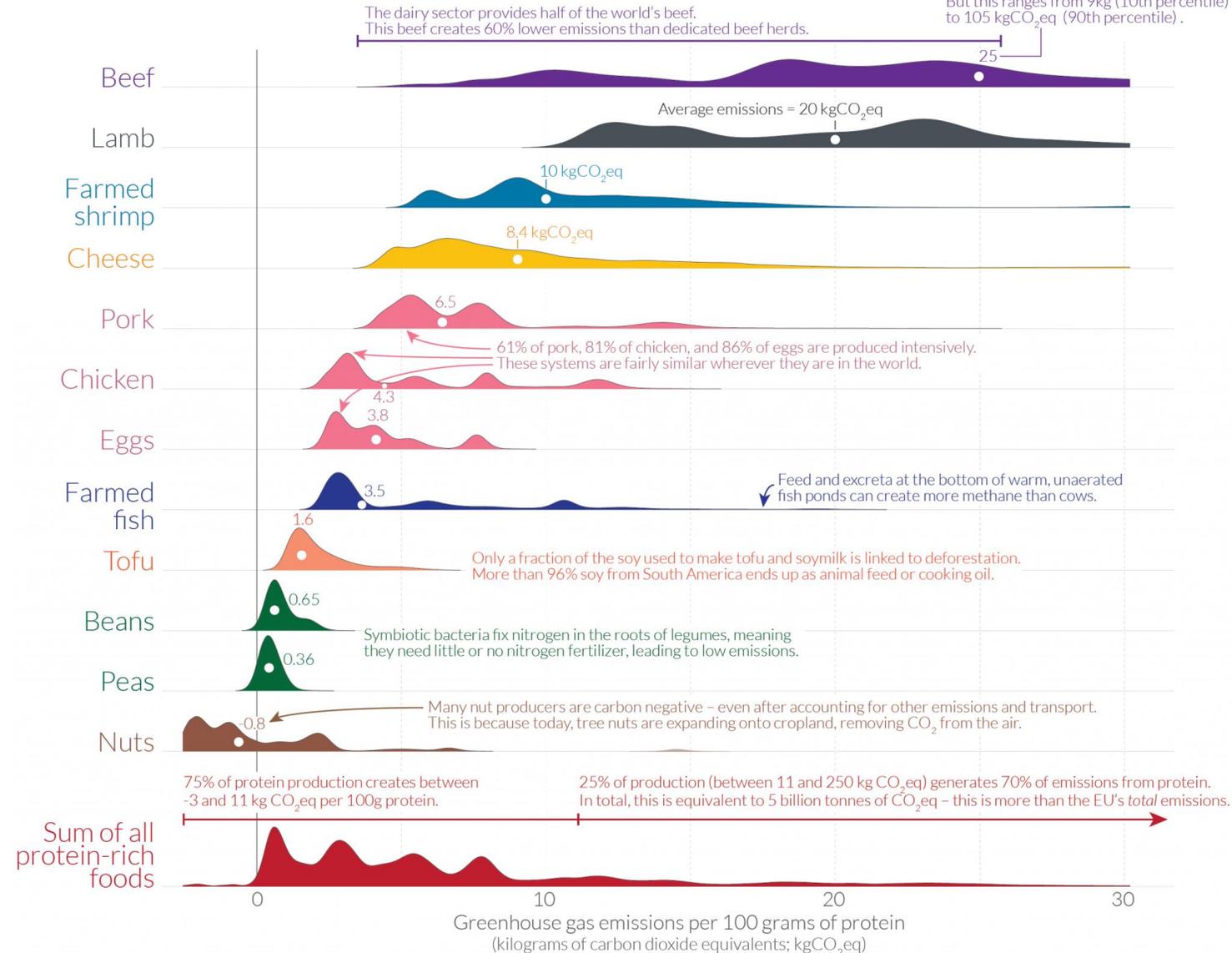
Agriculture, forestry and other land uses (AFOLU)
National GHG inventory (NGHGI)
land use, land use change and forestry (LULUCF)
Industrial Processes and Product Use (IPPU)
(Tubiello et al. 2021, ERL)

How does the carbon footprint of protein-rich foods compare?

Greenhouse gas emissions from protein-rich foods are shown per 100 grams of protein across a global sample of 38,700 commercially viable farms in 119 countries. The height of the curve represents the amount of production globally with that specific footprint. The white dot marks the median greenhouse gas emissions for each food product.

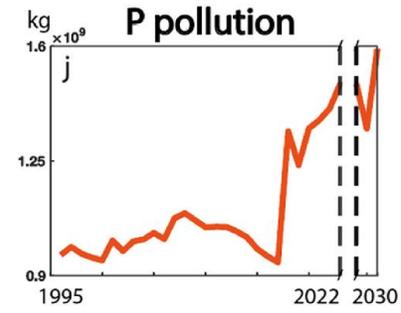
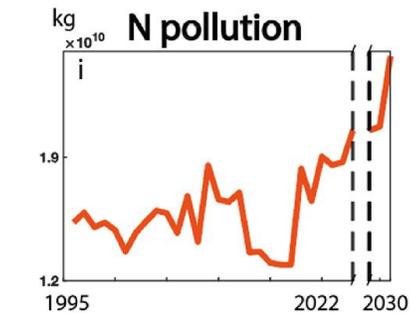
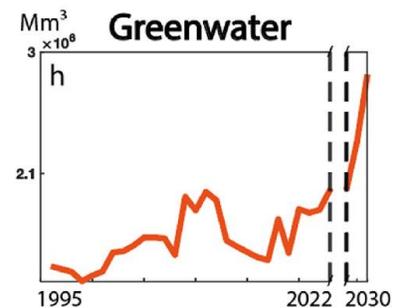
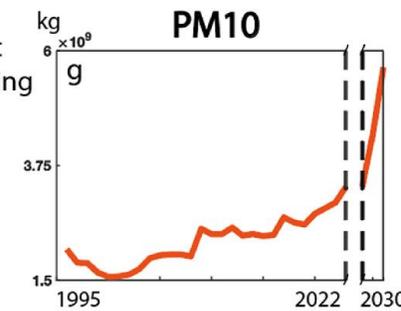
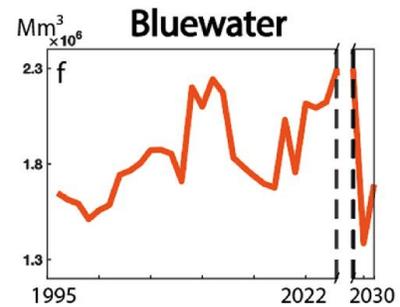
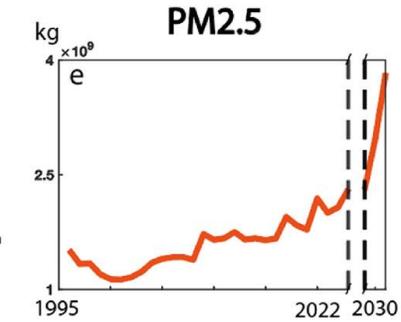
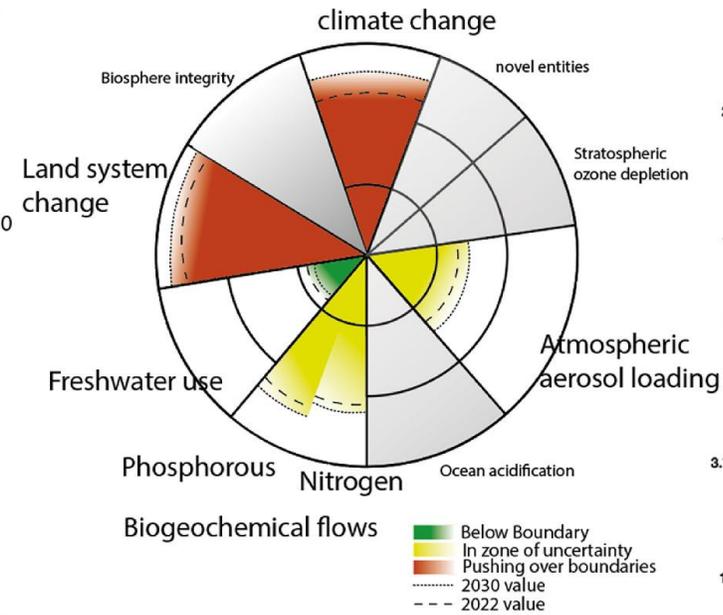
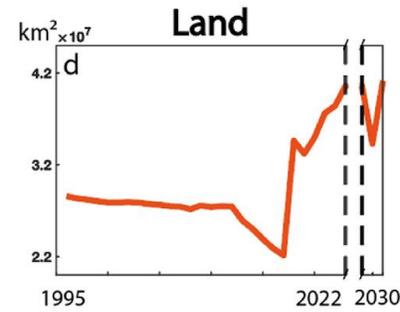
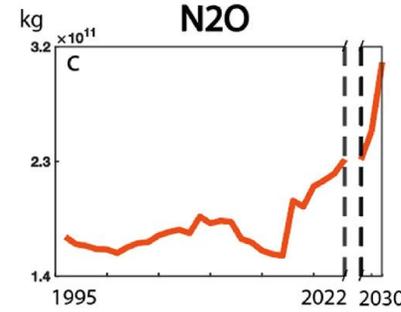
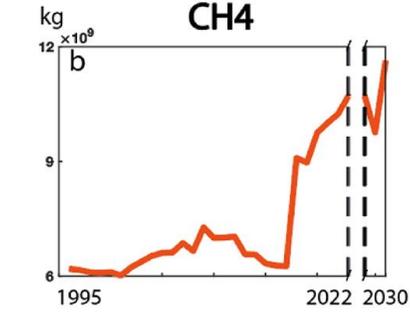
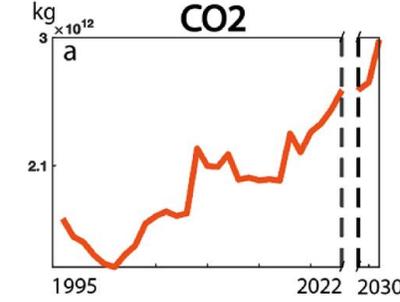
Producing 100 grams of protein from beef emits 25 kilograms of CO₂eq, on average. But this ranges from 9kg (10th percentile) to 105 kgCO₂eq (90th percentile).

Animal-source foods emit more GHG than plant-based ones.



Note: Data refers to the greenhouse gas emissions of food products across a global sample of 38,700 commercially viable farms in 119 countries. Emissions are measured across the full supply-chain, from land use change through to the retailer and includes on-farm, processing, transport, packaging and retail emissions. Data source: Joseph Poore and Thomas Nemecek (2018). Reducing food's environmental impacts through producers and consumers. *Science*. OurWorldinData.org – Research and data to make progress against the world's largest problems. Licensed under CC-BY by the authors Joseph Poore & Hannah Ritchie.

The livestock sector can threaten planetary boundaries.





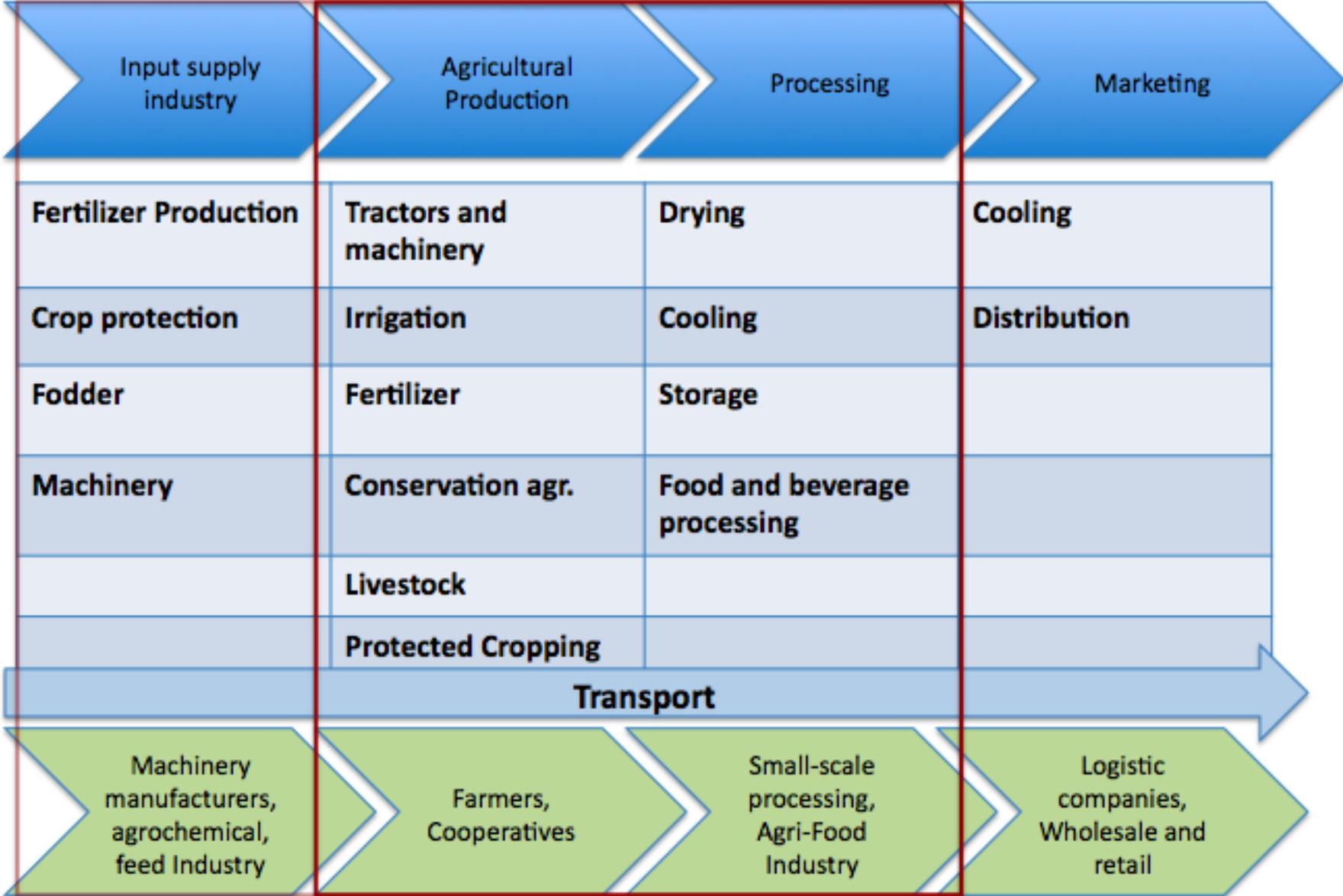
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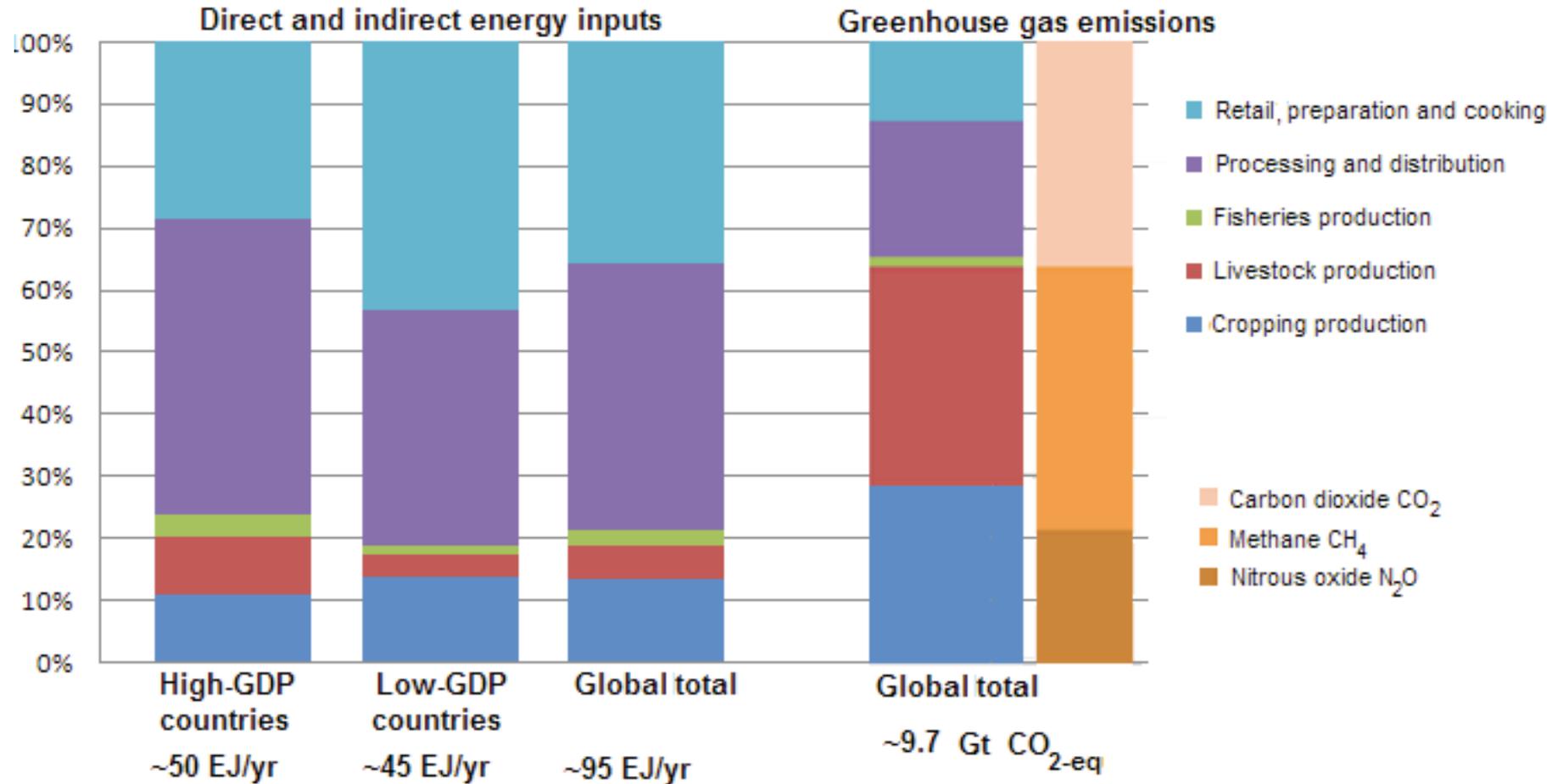
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Energy for food

Energy consumption within the food supply chain

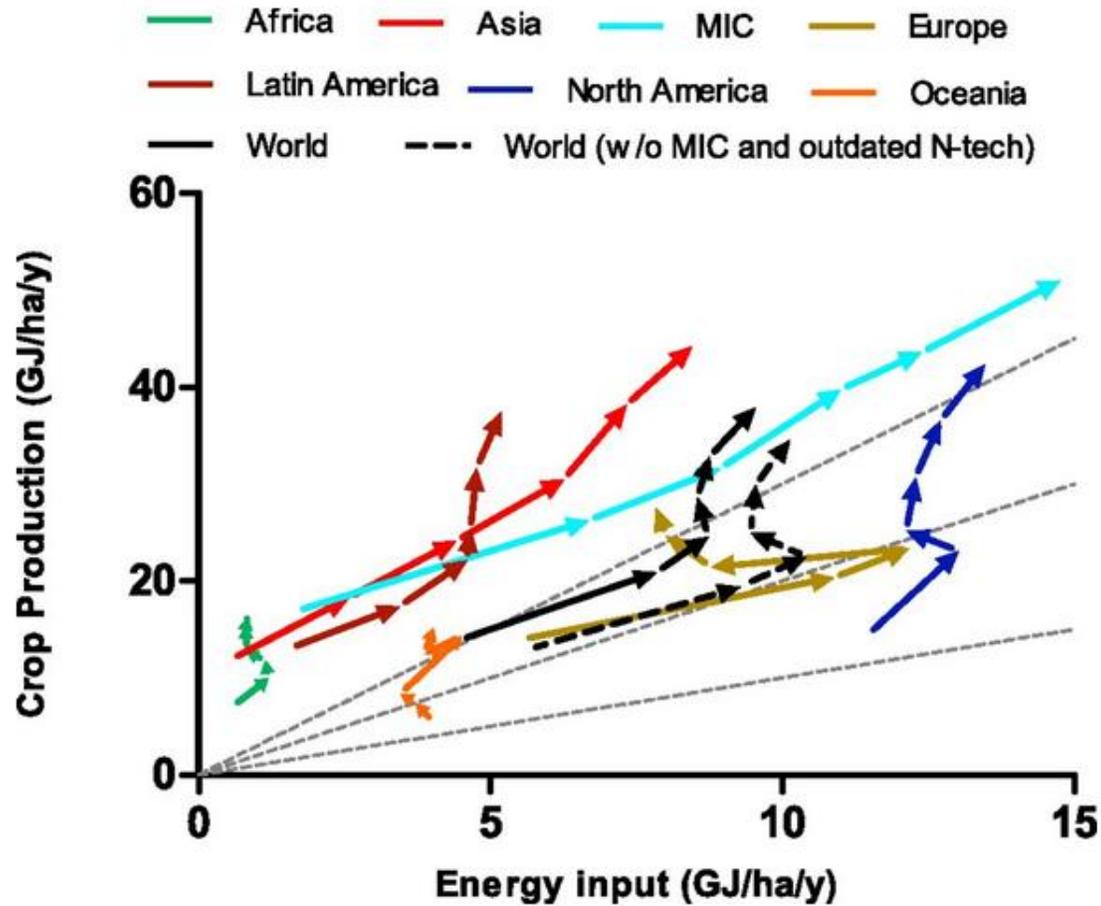


Food consumes about 30% of global energy



FAO, 2011: "Energy-smart" food for people and climate – Issue Paper: <http://www.fao.org/docrep/014/i2454e/i2454e00.pdf>

Energy use for food varies



(Pellegrini and Fernández 2018, PNAS)

Total primary energy use (PEU)	PEU ^a GJ/t	
	UK	non-UK

Tomatoes (loose classic), Spain		
Pre-farm gate total	34.1	4.4
Transport to the UK	NA	3.6
Total	36.2	9.6

Strawberries, Spain		
Pre-farm gate total	12.9	8.3
Transport to the UK	NA	3.0
Total	14.6	13.3

Early potatoes, Israel		
Pre-farm gate total	1.5	1.9
Transport to the UK	NA	8.6
Total	2.8	10.5

Apples, New Zealand		
Pre-farm gate total	2.1	1.2
Transport to the UK	NA	7.5
Total	5.1	11.2

Lamb, New Zealand		
Pre-farm gate total	17.9	12.2
Transport to the UK	NA	7.5
Total	30.7	37.0

Poultry, Brazil		
Pre-farm gate total	15.9	12.2
Transport to the UK	NA	4.1
Total	21.1	24.7

Beef, Brazil		
Pre-farm gate total	41.3	7.8
Transport to the UK	NA	4.0
Total	44.4	17.1

(Webb et al. 2013)



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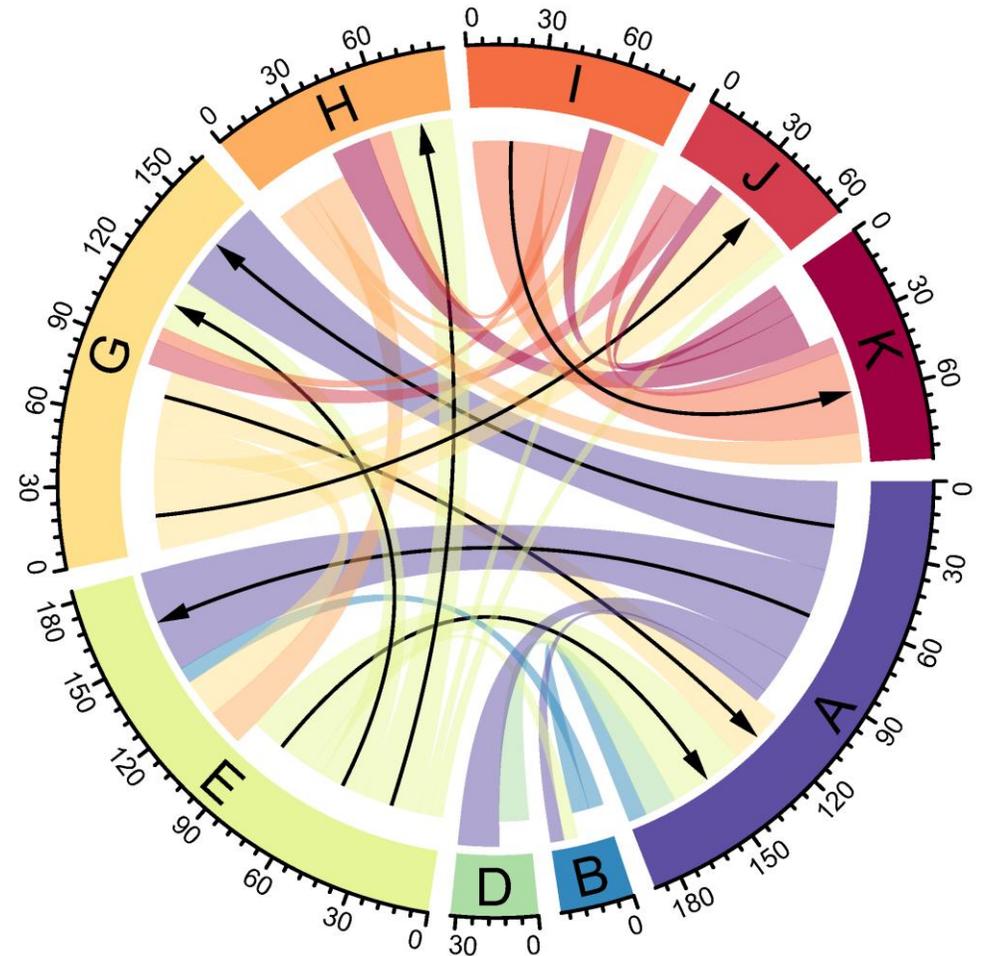
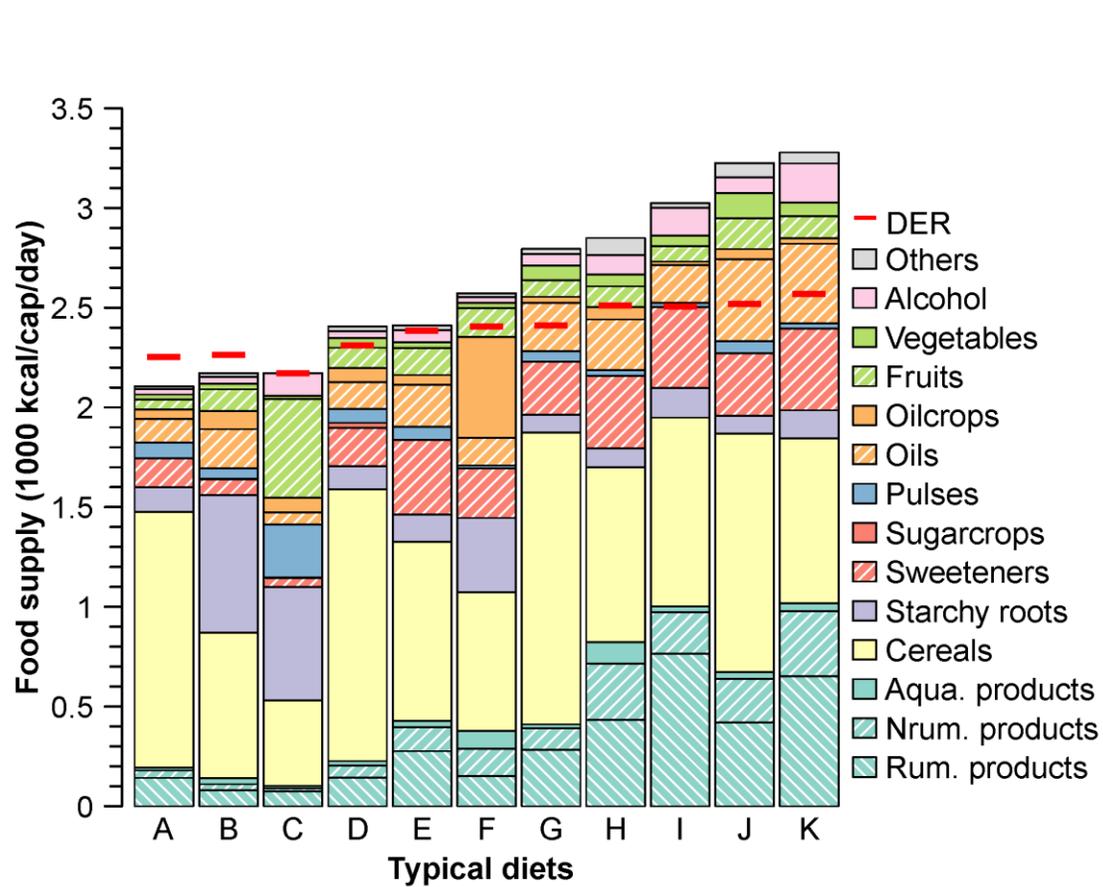
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How have our diets changed in last decades?

Reflect on the food you have during childhood and now.

Dietary changes



(Pradhan and Kropp 2020, Sustainability)



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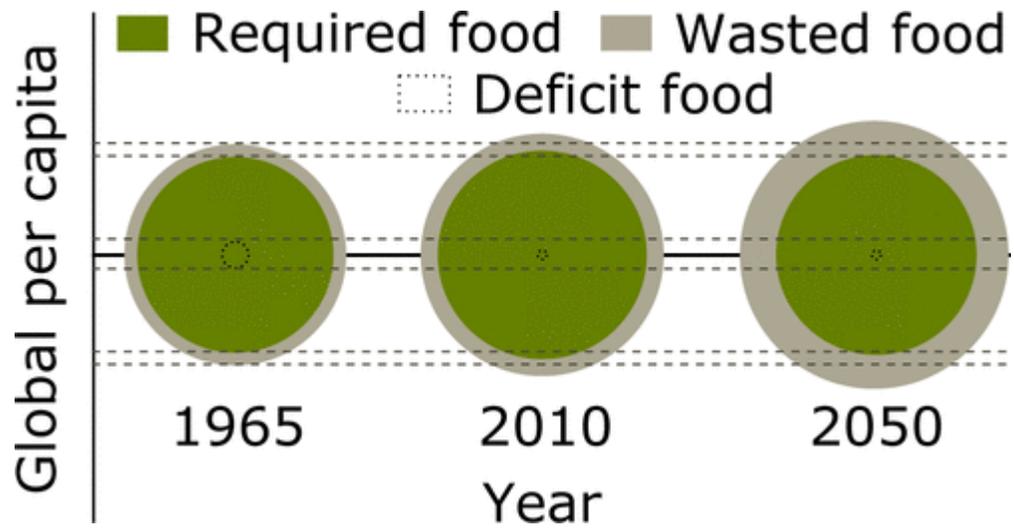
Was there food left today after your lunch?

Reflect on how much food do we waste or loss.

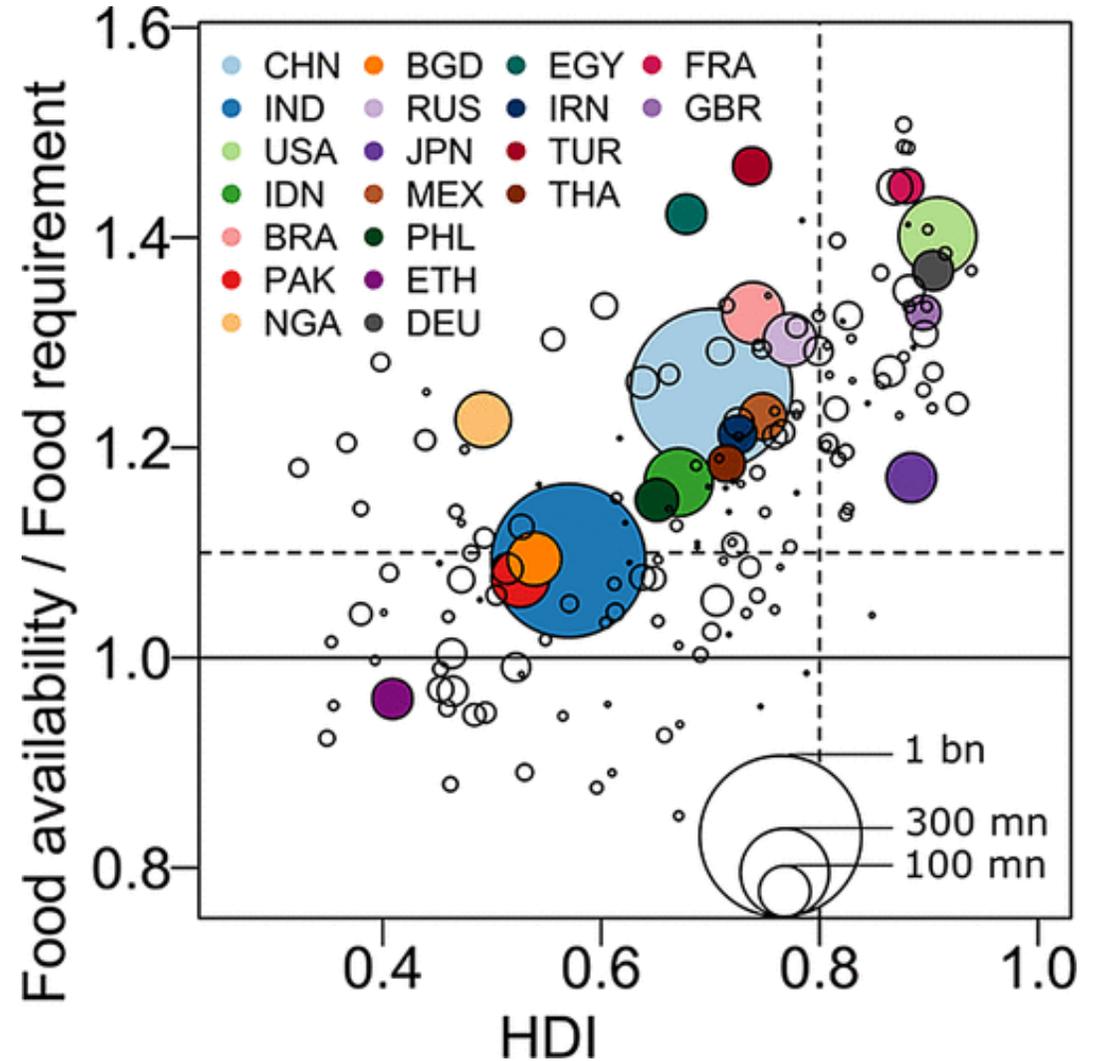
Food loss and waste

- › 30%- 40% of food is lost and wasted in both developing and developed countries (Godfray et al. 2010)
- › food is lost and wasted across various stages of the food supply chain (FAO 2011)
- › food loss is food decreased during production, post-harvest, and processing
- › food waste is food discarded at the consumer level

The more developed we are, the more food we waste.



(Hic et al. 2016, ES&T)





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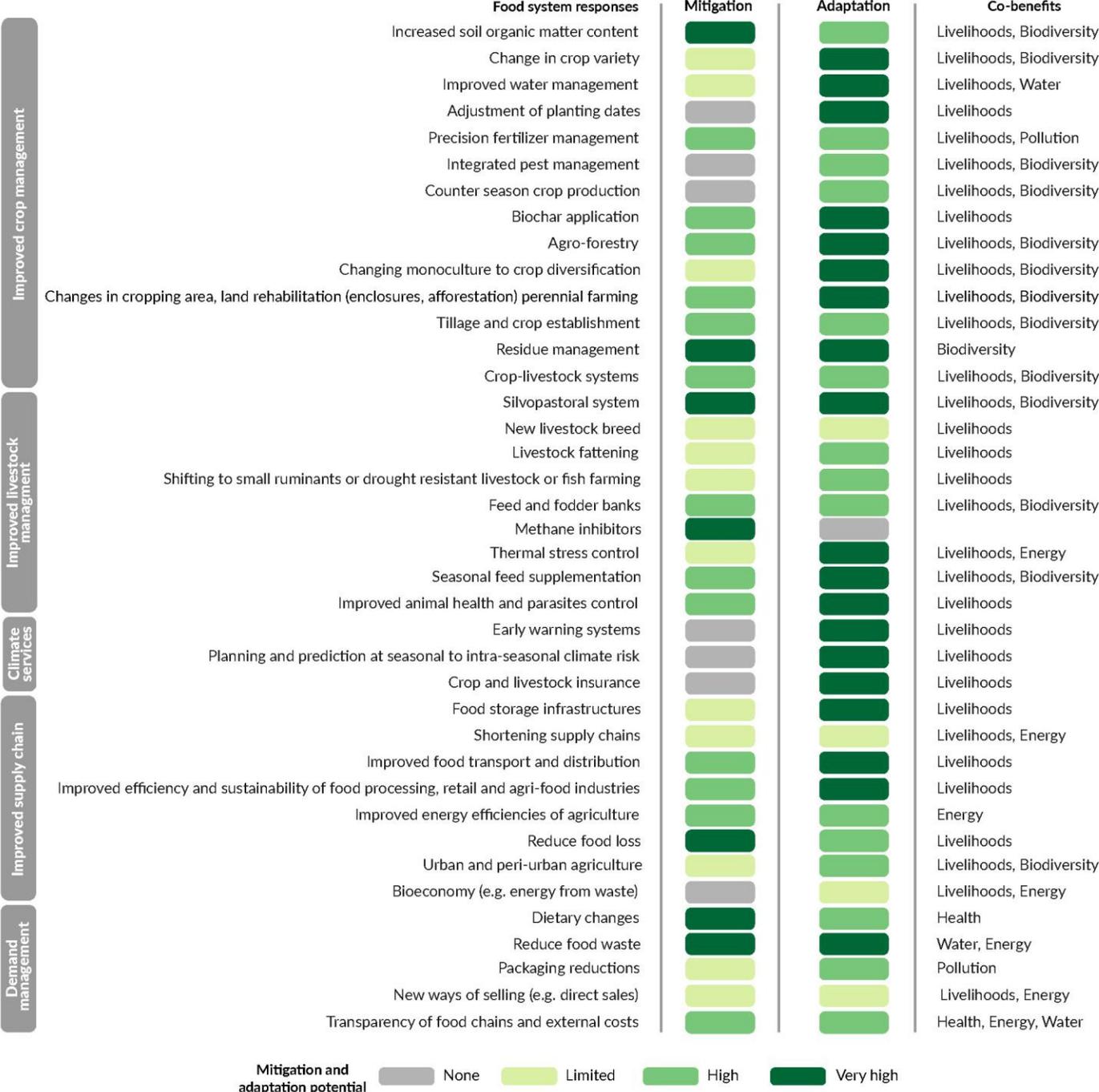
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How can we transform our food systems?

Options are available to transform food systems with mitigation, adaptation, and other co-benefits.

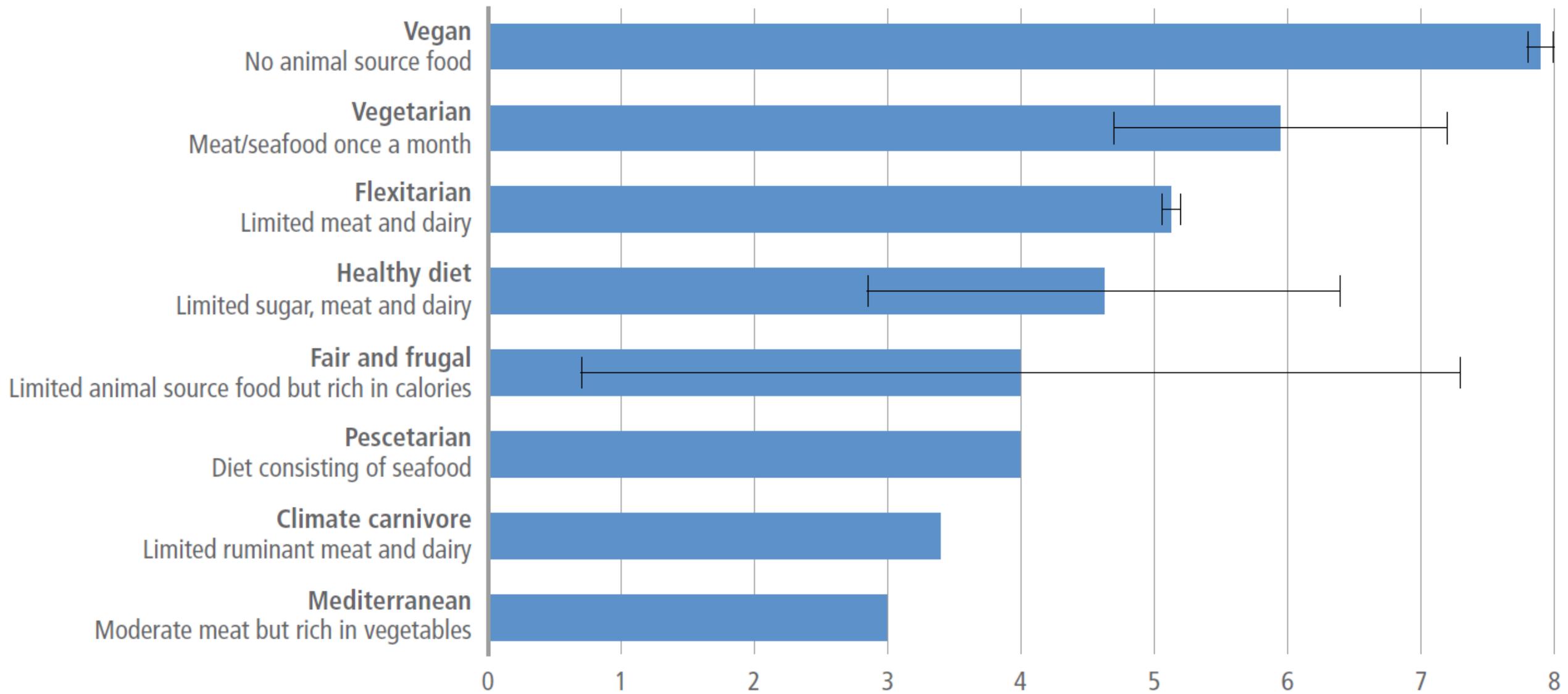
(Rosenzweig et al. 2020, Nature Food)



Mitigation and adaptation potential: None (grey), Limited (light green), High (medium green), Very high (dark green)

Demand-side mitigation

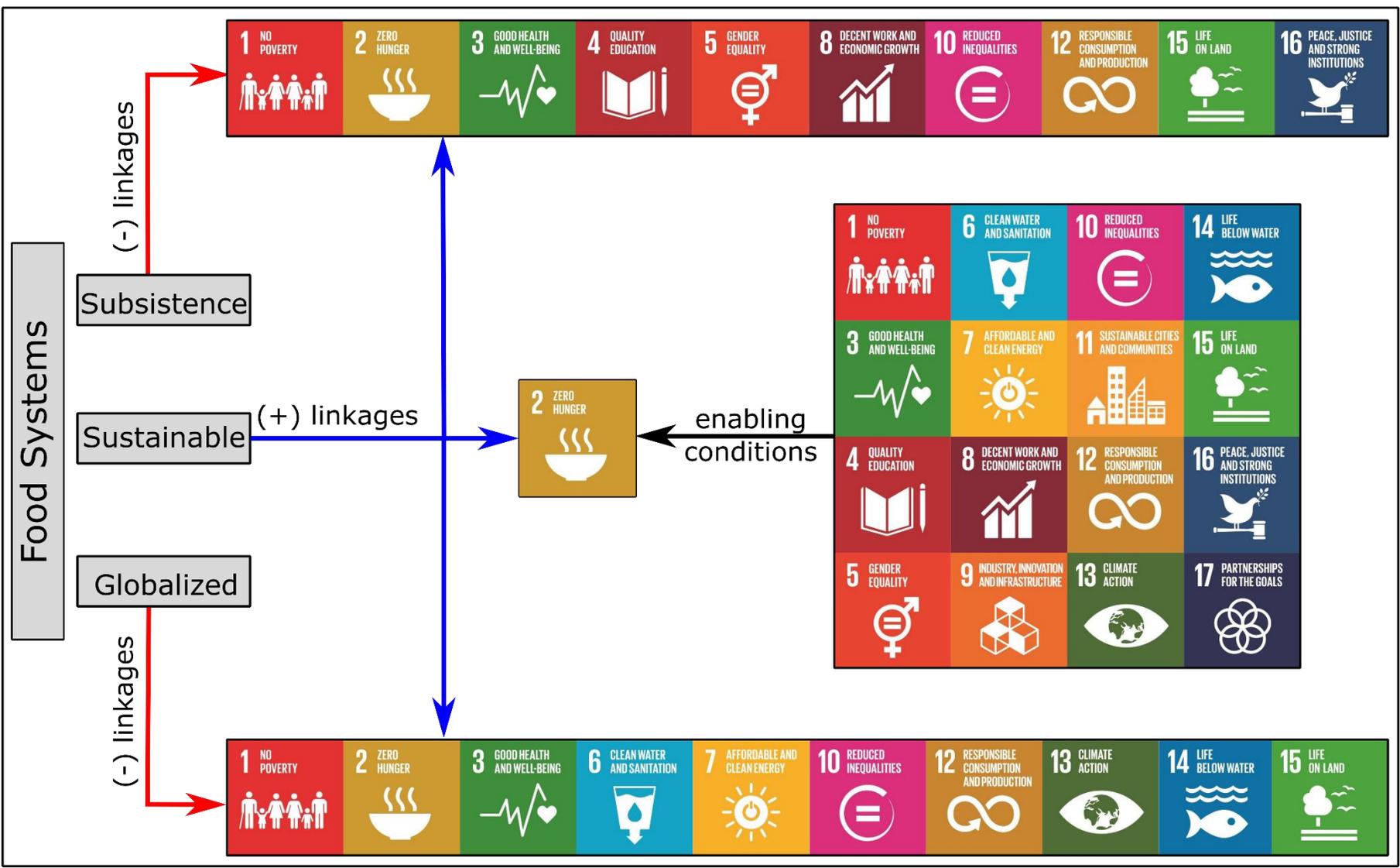
GHG mitigation potential of different diets



(IPCC 2019, SRCCL)

Demand-side GHG mitigation potential (GtCO₂-eq yr⁻¹)

Sustainable food systems and SDGs





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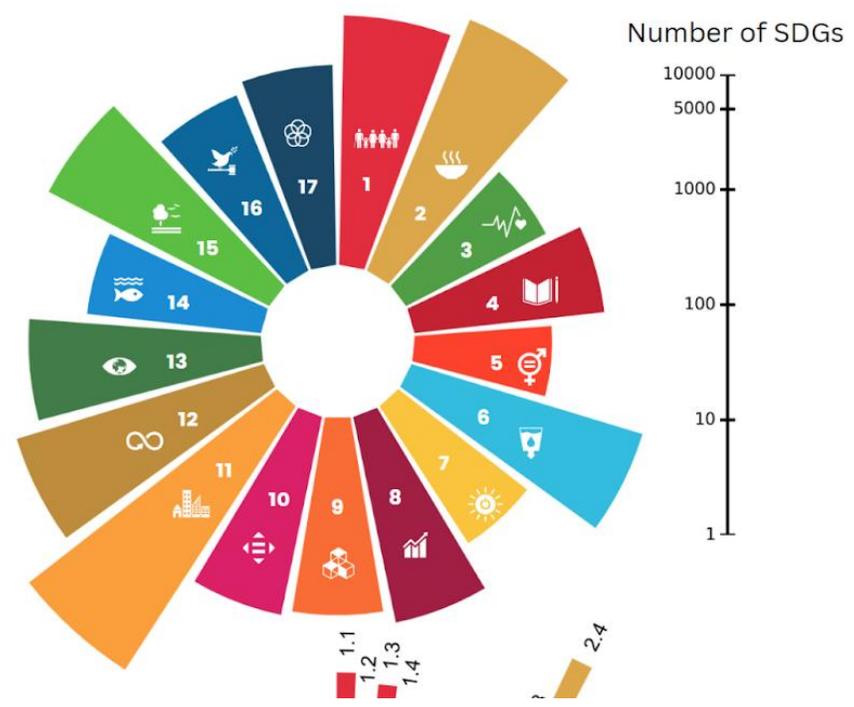
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Urban agriculture matters for sustainable development

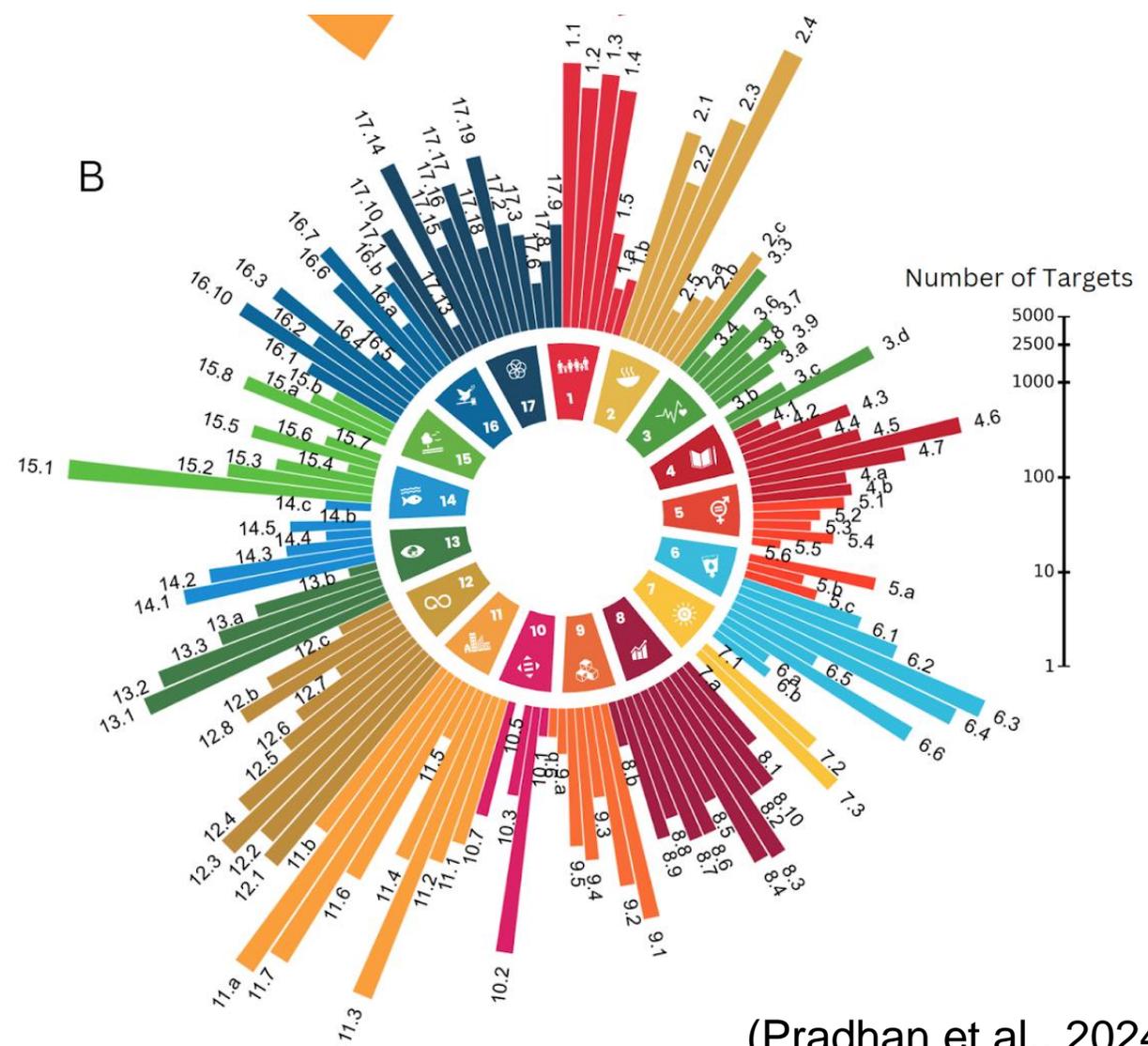


SDGs and urban agriculture

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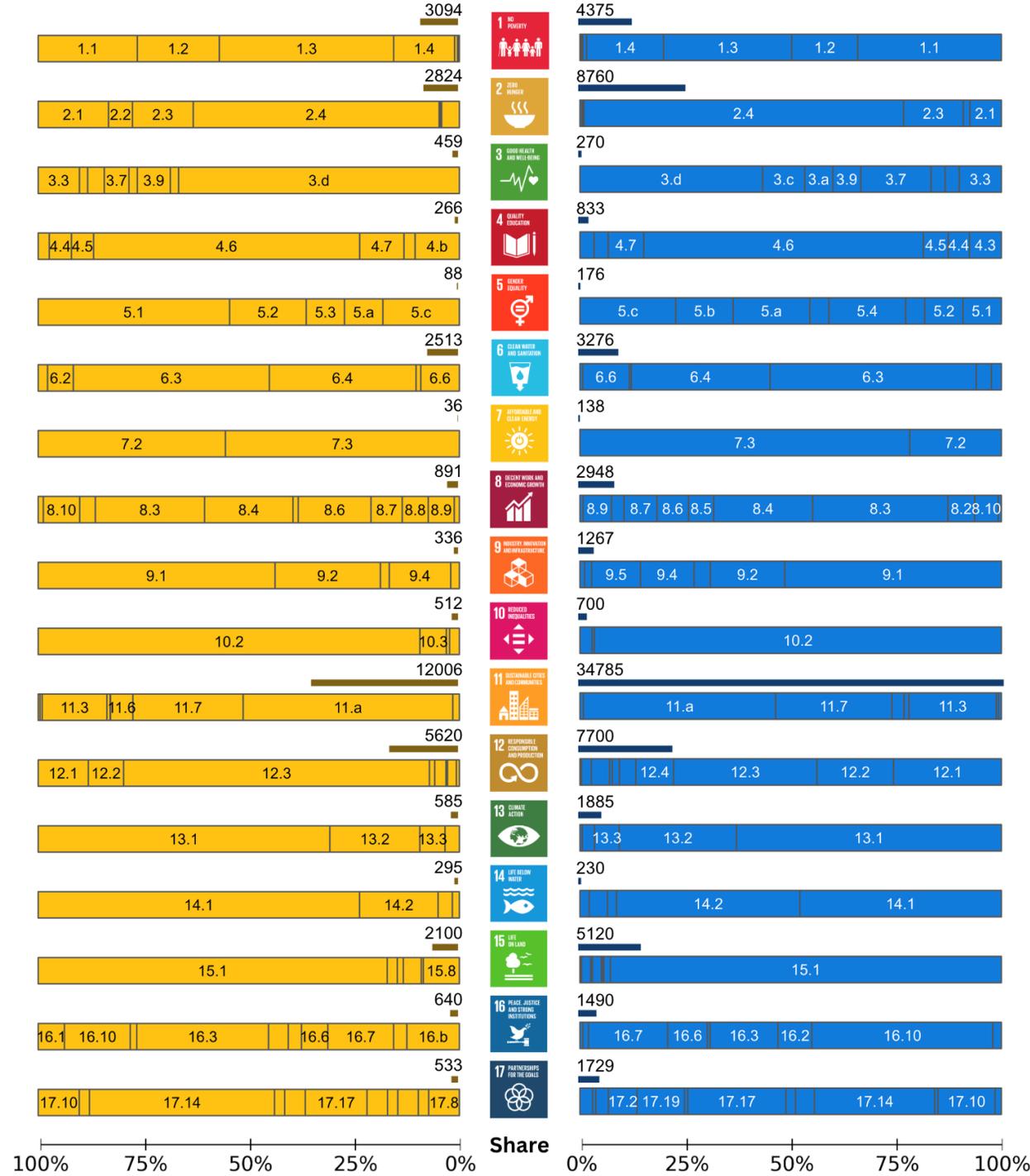


B



Sentiment analysis

- More positive than negative sentiment





Article

Urban agriculture matters for sustainable development

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Recap

- › Concept of food system
- › Environmental impacts from the food system
- › Greenhouse gas emissions from the food system
- › Response options for the food system transformation



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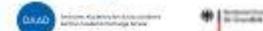
Professor, Asian Institute of
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Thank you very much!

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